

CARDINIA MENS SHED NEWSLETTER

TONGALA BOOK LAUNCH

On the 16th November 2015 nine members attended the book launch of Professor Barry Golding's book on Mens Sheds in Australia. A number of the boys set off in the morning in the Cardinia Shire bus driven by Dennis Jones for the 3 hour ride to Tongala. There is some suggestion that Henry Berry should have been left behind due to noise restrictions within the bus itself. However, the trip was enjoyed by all. Now known as the Dick McGowan Mens Shed it was the original Mens Shed from Professor Barry Golding's book "The Men Shed Movement - The Company of Men". Dicks wife was on hand to give a talk both on her husband and a little history of the shed. Dennis indicated the shed was a little smaller than ours but showed what could be achieved in a little space.



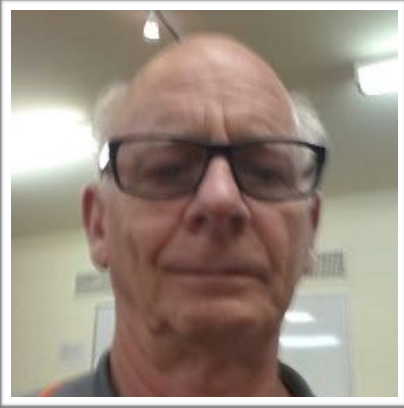
Nyora Cluster Muster

The Cluster Muster on the 10th November was well attended by the members. Of particular interest was a talk on Road Safety viewed from a truck drivers perspective. There was a new mini olympics sports initiative in which we came second thanks largely due to the efforts of Pat Barnett who gained 16 of our 24 point total. Her horse shoe throwing accuracy had to be seen to be believed, 11 of 15 shoes made it into the bucket. Well done Pat



Two do not seek re election at the AGM

1ST JANUARY 2016



Robert Grenville

Robert Grenville and Phil Emms decided not to seek re election to the Mens Shed committee this year. Robert has suffered some health problems but intends to remain involved. Phil has some other things on the go and decided that he couldn't commit the time required but again we do expect to see him often. Thanks to you both for your effort and enthusiasm.



Phil Emms

Victoria Police Security Audit

The Casey/Cardinia Proactive Policing unit undertook a security audit of the Shed premises. A number of recommendations were made some of which were already in the pipeline others were to be discussed by the committee for implementation. We would like to take the opportunity to thank Leading Constable Brett Owen and the Proactive Policing unit for the comprehensive report they produced.



VMSSA AGM at Traralgon

A number of the Shed travelled to Traralgon for the VMSSA AGM. The meeting was well attended by sheds and the election process went smoothly. Bosch were again there to support sheds by handing out some free power tools. We collected a battery drill and also some sandpaper a donation made through the Stamford shed. Lunch was a roast lunch and there was plenty for those that wanted seconds. Some of us then visited the Traralgon shed and saw some of the work they were undertaking. Two things stood out, they have a good group of women meeting one day a week who made a number of different items including outdoor furniture. They also had a group that were mentoring young children in model building. Well done all at Traralgon we hope we can achieve as much.



Clark Screens Installed

On Thursday 16th December 2015 the security screens for the shed windows were installed as part of the program to make the shed secure. With the new palisade fencing due to be fitted in January the shed security upgrade should be completed in time for the "Grand Opening"



New Branding Logo

CNC Creations produced a new logo from our existing logo to be used to brand products produced by Cardinia Men's Shed.

Leigh from CNC Creations took some of the bold lines from our logo and the result is just fantastic.



Decembers Guest Speaker

Jeff Boot

Niagara Therapy

The benefits of cycloidal massage on the body was the focus of Jeff's presentation in December. Niagara Therapy offer a number of products including massage beds, massage chairs, massage pads and hand held units.



HELP US HELP YOU

Cardinia Mens Shed continually needs sponsorships, donations and fundraising opportunities. Our goals are to provide a place where men of all ages can meet, have a cup of coffee, make new friends and undertake projects within our capability which will benefit the Cardinia Shire Community.

We received notification that our application with Council - Community Wellbeing Support Grants for uniform funding had been approved to a value of \$1000. This will give us the opportunity to provide uniforms to those in the group who might not have been able to afford them otherwise. We would like to take this opportunity to thank the **Cardinia Shire Council and the State Government** for their continued support of the Shed.

Member News

RUSSELL ANDERSON

In November Russell again collapsed in Main st and was taken to hospital. His brother in law advised his daughter and son had become involved in his care. Russell returned to us attending our Christmas lunch.

VIN NICHOLS

Vin has spent a few days in New Zealand visiting his son and helping out. From the image on Facebook it looked like his son's house is in a little tropical rainforest.

CHRISTMAS LUNCH

The Cardinia Club Christmas Lunch was well attended by members and their partners. Despite some hiccups overall the lunch was a good way to formally end the year.



GOLD SPONSORS / IN KIND DONATIONS



PAKENHAM
OP SHOP

Contact Details:

Cardinia Mens Shed

C/O Living Learning Centre

6B Henry Street

Pakenham

Vic 3810.

Tel: 0414 749904 / 0409 861088

Email: rabarnett55@me.com

Web: www.cardiniamensshed.com.au

Calendar of Events

28th December 2015

BBQ at Bunnings

9th January 2016

Masters BBQ

26th January 2016

Australia day BBQ at Bunnings

29th January 2016

Cardinia Men's Shed

GRAND OPENING

3rd February 2016

Guest speaker from Cabots Finishes

14th February 2016

Masters BBQ

2nd March 2016

Guest speaker

Regan Welburn - Centerlink

12th March 2016

Masters BBQ

**CARDINIA MEN'S SHED ACKNOWLEDGE
THE ONGOING SUPPORT OF CARDINIA
SHIRE COUNCIL AND THE VICTORIAN
STATE GOVERNMENT**



CARDINIA

